



## Parent Handbook

### Welcome to the Family!

We're delighted to welcome you and your child to our vibrant learning community. At our preschool, education is inspired by **Howard Gardner's Theory of Multiple Intelligences**. We believe every child is unique and capable, and we nurture their growth across all intelligences—linguistic, logical-mathematical, spatial, bodily-kinesthetic, musical, interpersonal, intrapersonal, and naturalistic.

This handbook will guide you on what to expect and how we can partner together to support your child's joyful journey of discovery.

## 1. Starting Preschool: The First Few Days

### Settling-In Period

Beginning preschool is a big step! Every child adjusts differently—some settle in quickly, while others need more time.

### What to Expect

- Your child may show hesitation, tears, or excitement—it's all normal and temporary.
- Teachers will help your child feel safe, connected, and confident.
- Warm routines and activities across different intelligences help children engage meaningfully.

### Tips for Parents

- Keep goodbyes short and reassuring.
- Trust the teachers—we use play, music, movement, and storytelling to ease the transition.
- Stay positive—your confidence reassures your child.

## 2. Food and Snacks

### If You Pack from Home

- Pack healthy, easy-to-eat foods (fruits, veggies, sandwiches, chapatis, idlis, eggs, etc.).
- Avoid chocolates, sugary treats, and packaged snacks.

#### **If Meals Are Provided by Us**

- Our meals are balanced, wholesome, and child-friendly.
- We encourage children to eat independently and make healthy food choices.

*Fun Note:* Mealtimes also become learning times—children may count fruit slices (logical-mathematical), describe textures (linguistic), or enjoy a calm rhythm of eating (musical intelligence).

### **3. Arrival and Dispersal: Punctuality Matters**

#### **Morning Arrival**

Timely arrival allows your child to begin the day calmly and fully participate in activities designed to nurture all intelligences.

#### **Pick-Up**

Children eagerly look forward to seeing their parents or guardians. Timely pick-up builds security and routine.

#### **Why It Matters**

Consistency fosters responsibility, order, and emotional well-being—an essential foundation for developing every intelligence.

### **4. Celebrating Birthdays the MI Way**

Birthdays are celebrated with joy and meaning, in ways that honor each child's strengths.

#### **Guidelines**

- Send a small, healthy treat (fruit cups, muffins).
- Kindly avoid cakes, party favors, and return gifts.
- We may organize an activity that reflects your child's interests—for example:
  - A story or poem (linguistic)
  - A counting or puzzle game (logical)
  - A group song (musical)
  - A “walk around the sun” ritual (naturalistic + intrapersonal)

This way, the celebration is memorable, personal, and enriching.

## 5. Supporting Your Child at Home

Home is an extension of the preschool environment. By encouraging small activities, you can help nurture your child's intelligence.

### Practical Activities

- **Linguistic:** Read stories together, encourage simple journaling.
- **Logical-Mathematical:** Count fruits, play matching games, do puzzles.
- **Spatial:** Encourage drawing, block-building, or arranging objects.
- **Bodily-Kinesthetic:** Involve your child in cooking, dancing, or outdoor play.
- **Musical:** Sing songs, explore simple rhythms with spoons or drums.
- **Interpersonal:** Let them help with chores, share playtime with friends.
- **Intrapersonal:** Talk about feelings, encourage independent choices.
- **Naturalistic:** Explore gardens, care for plants, observe insects or birds.

### Other Helpful Habits

- Keep screen time limited.
- Provide unstructured play opportunities.
- Respect your child's pace and interests—each intelligence develops differently.

## 6. Communication and Queries

We believe parent-teacher collaboration strengthens children's growth.

- Quick conversations can happen during drop-off/pick-up.
- For detailed discussions, kindly schedule a meeting.
- Regular updates will be shared highlighting your child's progress across **multiple intelligences**, so you see a full picture of their strengths and development.

### Thank You

Thank you for entrusting us with your child's learning journey. By nurturing all intelligences, we help children grow into confident, compassionate, and capable individuals.

Together, let's make these early years joyful, meaningful, and empowering.